



and
CAREFREE CUISINE

Spa Mex is a marriage of healthful spa cuisine and the great flavors of Mexican cuisine.

Spa-Mex uses fresh chilies, onions, peppers, tomatoes and herbs from Mexico and restricts the fats, carbs, sugars and salt that weigh down the ethnic dishes we love.

We use butter lettuce, thin sliced jicama and steamed cabbage leaves to replace tortillas and taco shells and replace the rice and beans with chargrilled vegetables and fruits.

The result is another example of the freedom and creativity that comes from Carefree Cuisine.

Cowboy Sushi, Sandwich Heaven, Spa-Mex....

BevHeaven

what's next?
Stay Tuned!!



The following taco plates are available as: **SPA-MEX**

All tacos are served wrapped in butter lettuce or thin sliced jicama

	(1)	(2)		(1)	(2)
Shrimp Tacos	6.95	11.99	Chicken Tacos	5.95	9.99
Ahi Tacos	6.95	11.99	Carnitas Tacos	5.95	9.99
Salmon Tacos	6.95	11.99	El Carbon	6.95	11.99

The following burro plates are available as : **SPA-MEX**

All burros are wrapped in cabbage leaves and served with grilled vegetables and fruit

Chicken Burro	11.99	Shrimp Burro	13.99
Pork Burro	11.99	Salmon Burro	13.99
		Ahi Burro	13.99